

Course Schedule - Rescue Diver Course

Day 1:

- Complimentary hotel transfer service available from your Cairns and Northern Beaches accommodation (as far as Palm Cove)
- 8:00am - 12:00pm: This morning will be spent in the classroom covering the four theory areas of self rescue and diver stress, diving first aid and equipment, emergency management, and diving equipment. Your Rescue theory is evaluated through a 60 question multiple-choice exam, which will be completed on your 3 day 2 night liveaboard trip.
- 1:00pm - 5:00pm: The afternoon will be spent in the pool - this session is used to introduce students to some of the basic skills they will need to progress through the Rescue course. The emphasis of this session is to allow students to develop their Rescue skills and techniques in a controlled environment before conducting rescue scenarios in the ocean with wind, waves and currents.

Days 2-4:

During the 3 day 2 night liveaboard trip there are 10 dives scheduled. A minimum of 3 dives are dedicated to specific Rescue diver skill development - the remaining dives will be non-training pleasure dives.

Outside of your non-training dives you can expect spontaneous real life Rescue scenarios, to further develop your Rescue skills. These scenarios will range from panicked divers on the surface, missing diver searches and in water resuscitation of unconscious divers.

Rescue divers will be briefed on emergency procedures for man overboard, radio operations, oxygen use, life raft and distress flare operations as well as the operation of Rescue boats and diver recall.